



**Are you the parent of a highly sensitive child?
If so, this might be for you:**

Parent Support and Education Group

- Since infancy has your child been highly sensitive to his/her surroundings, seeming to absorb it all, to the point of being over-stimulated?
- Do you feel frustrated and wonder what you may have done to find yourself with a child who “over reacts” to the slightest change in tone, touch, or surprise?
- Does he/she respond to the world with such empathy that you can observe the toll it might be taking on his/her growth or self-confidence?

If you are in need of practical ideas and a place to share your experiences, you might be interested in joining a 6-week parenting group.

For more information contact:
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