Divorce Group

for children ages 12-14 years old beginning in April:

If your child is in need of ...

- a place to tell his/her family story
- practice expressing emotions and appropriately develop coping skills
- a group where he/she can honestly explore typical feelings around divorce:
 ~Anger, Anxiety, & Mild Depression~

... then this is the place for him/her!

Children of Divorce have special concerns. Sharing their experiences in a facilitated, group setting can be powerful and productive. Participants express their fears and wishes, learning that they are not alone in dealing with their family circumstances.

The next Divorce Group will begin in April.

The cost is \$240 for 8 weeks. (Limited to 6 children.)

Contact Beth Kanne-Casselman, MEd, LMFT 895-6960 •

Beth Kanne-Casselman has a local psychotherapy practice serving families with children, individuals, and couples. In addition Beth is a credentialed schoolteacher who, for the past 17 years, has taught preschool through 6th grade and has tutored youngsters from kindergarten through high school. In tandem with her therapy practice, she currently teaches in Goleta, where she has been a teacher for the past 14 years. Visit: SantaBarbaraFamilyTherapy.com